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Under His Wings

Ruth in 5 days, for the woman in a season she did not choose

WHAT SHE LOST · THE FIELD · THE THRESHING FLOOR · THE GATE

A study of Ruth for women · lilydevotional.com

Ruth in 5 Days

A free reading plan for women, through the whole book of Ruth

This plan was made for the woman in a season she did not choose. Ruth is a short book about loss, loyalty, and a God who provides through ordinary days. You can read all of it in five short sittings, about ten minutes each. No sign-up, no account. Just you, a Bible, and five days.

Each day: read the passage, sit with one verse, and pray one honest sentence.

Day 1: The season nobody chooses

Read Ruth 1.

Famine, three deaths, and a road back to Bethlehem. Naomi tells the truth about her bitterness, and Ruth makes the vow that binds her to Naomi's God.

Sit with this verse:

But Ruth replied: "Do not urge me to leave you or to turn from following you. For wherever you go, I will go, and wherever you live, I will live; your people will be my people, and your God will be my God."

Ruth 1:16 (BSB)

Notice: Naomi arrives home calling herself empty. Then the narrator adds one fact right beside her words: the barley harvest is just beginning. Naomi does not yet know what that detail will come to mean in her story.

Pray: Father, here is what my season honestly feels like...

Day 2: Provision in small mercies

Read Ruth 2.

Ruth goes out to glean leftover grain and "happens" to walk into the field of Boaz, a relative of noble character who sees her, protects her, and feeds her.

Sit with this verse:

May the LORD repay your work, and may you receive a rich reward from the LORD, the God of Israel, under whose wings you have taken refuge."

Ruth 2:12 (BSB)

Notice: Boaz tells his men to pull out stalks on purpose and leave them for Ruth to find. She could see the grain, but not the instructions behind it. We often receive more than we can trace.

Pray: Lord, thank You for what has reached my hands that I did not arrange, especially...

Day 3: The bold ask

Read Ruth 3.

Naomi makes a plan, and at midnight Ruth asks Boaz to spread the corner of his garment over her: a request for marriage and redemption, built on God's own law.

Sit with this verse:

And now do not be afraid, my daughter. I will do for you whatever you request, since all my fellow townspeople know that you are a woman of noble character.

Ruth 3:11 (BSB)

Notice: The word for the "corner" of a garment is the same Hebrew word as "wings" in yesterday's verse. Ruth asks Boaz to become part of the answer to his own prayer.

Pray: Father, the specific thing I have been afraid to ask You plainly is...

Day 4: Waiting well

Read Ruth 3:14-18 again, slowly.

The ask is made, and now the matter is out of Ruth's hands. Naomi's counsel: sit still, because Boaz will not rest until it is resolved.

Sit with this verse:

“Wait, my daughter,” said Naomi, “until you find out how things go, for he will not rest unless he has resolved the matter today.”

Ruth 3:18 (BSB)

Notice: Ruth can be still because Naomi trusts Boaz to settle the matter that same day. Our waiting is different: we rarely get a timeline. What we get instead is God Himself, who invites us to pour out our hearts and rest in Him (Psalm 62:5, 8).

Pray: Lord, help me know what is mine to do and what is not mine to control. The matter I am placing in Your hands today is...

Day 5: Redeemed

Read Ruth 4.

At the town gate, Boaz pays the full cost of redemption. Naomi's empty arms are filled, and Ruth the Moabitess is written into the family line of King David, and of Jesus.

Sit with this verse:

Then the women said to Naomi, “Blessed be the LORD, who has not left you this day without a kinsman-redeemer. May his name become famous in Israel.

Ruth 4:14 (BSB)

Notice: The book opens with Naomi empty and closes with her arms full. In between there are no spectacular signs like seas splitting or fire falling. Most of the story unfolds through ordinary days, and it invites you to see God's quiet providence woven through them.

Pray: Father, thank You that Christ redeemed His people, not with silver or gold, but at the cost of His own blood. What I want to say to You at the end of this book is...

Want to go deeper?

This plan walks you through Ruth in five days. Our full study, **Under His Wings: A 4-Week Bible Study of Ruth for Women**, slows the same journey down to four weeks, with daily commentary, questions that teach you to see what the text really says, memory verses, and space to write. Every verse quoted word for word from the Berean Standard Bible. Instant download, no account, yours forever.