FREE · NO EMAIL NEEDED



New Every Morning

Five free New Year mornings

NEW MERCIES · A NEW THING · A NEW HEART · ALL THINGS NEW

New Year 2027 · lilydevotional.com

New Every Morning: 5 Free New Year Mornings

A free 5-morning New Year devotional for women. No email needed. Just you, the text, and about five minutes.

Before you start

A new year comes with a lot of pressure to be new. New goals, new habits, a new you. This little study asks for something smaller: five minutes, five mornings, in any order your week allows. Each morning has a short passage, a short devotion, one question, and a prayer starter.

These five mornings are not about what you will do this year. They are about what God does: mercy that is new every morning, a way through the wilderness, a new heart, a new song, and the day He makes all things new.

One note you can trust: every Bible verse quoted here is word for word from the Berean Standard Bible. No verse is paraphrased or AI-written. The notes explain each passage in plain words, so keep your Bible open and read it for yourself.

Morning 1: New Mercies

Read Lamentations 3:17-24.

> *Because of the loving devotion of the LORD we are not consumed, for His mercies never fail. They are new every morning; great is Your faithfulness!*
>
> **Lamentations 3:22-23 (BSB)**

Maybe you came into this year tired. Maybe you wonder how much more you can carry. Lamentations gives words to deep grief after Jerusalem was destroyed. A few verses earlier, the writer says plainly that his strength and his hope are gone.

Then he remembers something. Not that things were fine. They were not. He remembers who God is. God's loving devotion, His loyal, promise-keeping love. His mercies that never fail. And then the line: new every morning.

These verses do not say his pain has ended. He speaks of hope while he still grieves, and his hope rests on God's faithful love. Here is the application. You do not need to wait for January 1 to turn to God. You can bring Him last year's grief and sin this morning. His mercy has not run out.

Notice: Read verses 17 and 18. What does the writer say he has forgotten? Then read verse 21. What word turns the poem around?

Pray: Lord, I bring You last year as it really was. Thank You that Your mercies did not run out. This morning I remember that You are faithful, even about...

Morning 2: A New Thing

Read Isaiah 43:16-21.

> *Behold, I am about to do something new; even now it is coming. Do you not see it? Indeed, I will make a way in the wilderness and streams in the desert.*
>
> **Isaiah 43:19 (BSB)**

Maybe you look at last year and fear more of the same. Maybe you wonder whether anything can change. In Isaiah 43, God speaks to His people about bringing them home from exile.

So God reminded them of the greatest rescue in their history, the path through the sea. Then He told them not to stare at the past as if it were the limit of what He could do. He was doing something new.

Notice where God says the new thing will happen: in the wilderness and the desert, for His people on their way home.

This was a promise to Israel, and God kept it. Here is the application. It is not a promise that you will get the new thing you want this year. It shows you God's power to save and His care for His people. You can bring Him your fears about the year and ask for help with what you cannot see.

Notice: Read verses 16 and 17. What two things does verse 16 say God makes? What happens to the armies in verse 17, and what are they compared to?

Pray: Lord, open my eyes to what You are doing that I have not noticed yet. The dry place in my life where I need a way is...

Morning 3: A New Heart

Read Ezekiel 36:25-27.

> *I will give you a new heart and put a new spirit within you; I will remove your heart of stone and give you a heart of flesh.*
>
> **Ezekiel 36:26 (BSB)**

Maybe you are tired of falling into the same sin. Maybe you wonder whether your heart can really change. In Ezekiel 36, God speaks to Israel about their sin, and His promise reaches deeper than a change of plans.

God knew that. So He did not promise His people a better plan. He promised them a new heart. Take out the stone. Put in a heart that is alive.

Look at who does the work in this verse. Count how many times God says I will. A resolution is you pushing yourself from the outside. A new heart is God working from the inside. The New Testament shows this promise reaching its fullness in Jesus, as God's Spirit lives in everyone who trusts Him.

Here is the application. If you have not trusted Christ, you can turn to Him for mercy and new life. If you belong to Him, you still need His help every day. Paul says that *our inner self is being renewed day by day*. Not more willpower. God's work in you.

Notice: Read verses 25 and 27. What two things will God cleanse His people from? What will His Spirit cause them to do?

Pray: Lord, I need the mercy and life only You can give. Help me stop fighting my sin on my own, and trust You with it, especially...

Morning 4: A New Song

Read Psalm 40:1-3.

> *He put a new song in my mouth, a hymn of praise to our God. Many will see and fear and put their trust in the LORD.*
>
> **Psalm 40:3 (BSB)**

Maybe last year took the song out of you. You still believe, but the joy has gone quiet.

David uses the picture of a muddy pit to describe his trouble, the kind you cannot climb out of. He describes God's rescue as being lifted out and set on a rock. And God gave him something else: a new song.

Look at who put the song there. Not David. God put it in his mouth. David gives God the credit for his song. Here is an application: you can thank God for His help even while you still feel sad. And notice that the song does not stay with David. Other people see it, and it points them to God.

Later in the same psalm, David cries out for help with his sin and his troubles (verses 11 to 17). His praise sits right beside his need. Here is the application. You can thank God for past help while you ask Him to meet you in today's pain. You do not have to pretend the pain is gone.

Notice: Read verses 1 and 2. What did David do first, and how did he do it? Copy every action God took, in David's words.

Pray: Lord, I want my song back, and I cannot make it on my own. Lift me out, and give me a new song about...

Morning 5: All Things New

Read Revelation 21:1-5.

> *And the One seated on the throne said, "Behold, I make all things new." Then He said, "Write this down, for these words are faithful and true."*
>
> **Revelation 21:5 (BSB)**

Maybe you long for this year to bring relief. Maybe you also fear more loss. Revelation points you to a hope that reaches far beyond this year.

John sees a new heaven and a new earth. The One on the throne promises to make all things new. And before anything is said about tears or pain, a voice announces that God Himself will live with His people.

Here is the application. You can bring your hopes for this January to God. In Christ, you also have a hope beyond this year: life with God in the new creation He has promised. As you thank Him for mercy today, let it remind you of that day.

Notice: Read verse 4. List everything that verse says there will be no more of.

Pray: Father, thank You that Your words are faithful and true. I give You this year, every morning of it. Today I long for You to make new…

If these five mornings met you

There is a full version of this study: New Every Morning, a 4-week New Year Bible study for women. Four weeks, ten minutes a day: New Mercies, A New Thing, A New Heart, and All Things New, with study questions, memory verses, and space to write. It works on your own or with a group, and there is a leader kit for women who gather a few friends in January. Every verse word for word from the Berean Standard Bible.

You can find it at lilydevotional.com/studies/new-every-morning. No account needed, instant download, yours forever.

For more daily readings, Lily is a devotional app for women: lilydevotional.com.

Verse card

Cut out and keep.

> *Because of the loving devotion of the LORD we are not consumed, for His mercies never fail. They are new every morning; great is Your faithfulness!*
>
> **Lamentations 3:22-23 (BSB)**